





# YOUR ADVENTURE AT TANAGH OETC...

Our experienced instructors will facilitate your 'Gaisce Award Expedition' and pre-expedition preparation.

## PREPARATION

- Navigation
- Canoe Skills
- First aid and safety
- Campcraft.
- Leave No Trace
- Equipment
- Route planning.
- Local Heritage
- Ecology & Wildlife

# **MOUNTAIN HIKE**

 Routes in the Mournes, Cooleys, Slieve Beagh, Culcagh Mts and other locations on request

Bronze and Silver
Award. Heritage, Culture,
wildlife and ecology of areas
visited

## **CANOE EXPEDITION**

Paddle along the Dromore River System or the Shannon-Erne Waterway

Carry everything you
need with you.
Enjoy the breath taking

scenery and unique wildlife.

It is a Gaisce requirement that groups and individuals acquire the relevant skills and training before undertaking their expedition. At Tanagh we recommend pre-expedition training, including navigation training, canoe skills training etc. Minimum no. of participants 16

#### TANAGH OETC

Dartrey, via Cootehill P.O., Co. Monaghan, Ireland. Tel: 049 5552988

Email: info@tanaghoutdooreducation.com www.tanaghoutdooreducation.com

Call us and find out where the Gaisce Award could take you?



cmetb Bord Oideachais agus Oiliúna an Chabháin agus Mhuineach Cavan and Monaghan Education and Training Board